

INCREASE YOUR CAPACITY

Issue 21-0120

Fasting is a platform to destroy yokes and offload any kind of burden you can think of. Isaiah 58:6 says: *Is not this the fast that I have chosen? To loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?*

Whatever has been tying you down without allowing your glorious destiny to manifest, you have by this 21-day of waiting upon the Lord, ridded yourself of them. You will disburden every heavy load which you are not meant to carry. This solemn assembly like ours is a platform for you to be delivered. ...**to let the oppressed go free.**

Fasting empowers the human spirit. Don't you notice you're already doing things you couldn't do before now? This is because you have been empowered by virtue of waiting upon the Lord. Little wonder Isaiah 40:31 declares that *"they that wait upon the LORD (read fast) shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."*

The empowerment that fasting brings will make your spirit grow fat and when this happens, the things they yoked you with will break on their own accord. **In that day their burden will be lifted from your shoulders, their yoke from your neck; the yoke will be broken because you have grown so fat. [Isaiah 10:27 NIV].**

The more we wait upon the Lord, the fatter we become in the realm of the spirit. Your human spirit receives food when you deny yourself of physical meal. Fasting is the food of the spirit-man. You must understand that the real you is not the one everybody can see. The real you is the unseen part of you, which is your spirit.

Job 32:8 tells us that **there is a spirit in man: and the inspiration of the Almighty giveth them understanding [KJV].** Fasting empowers that spirit-man and quickens the giant in you to rise. The scripture says the yoke will be destroyed because the real you has grown fat.

The fatter you are in the realm of the spirit, the stronger you will become spiritually. And as a result of your spiritual fatness, when they put a yoke on you, it will be destroyed. This is just as it is in the physical where you outgrow the size of your clothing. Waiting upon the Lord will make you not to fit into where they have boxed you before.

The enemy will want to put you in a cage but he will find that difficult because you don't operate in that level anymore for you've now grown fat in the realm of the spirit due to the fast you've embarked on. A man is first caged spiritually before he can be caged physically. When a man is captured in the realm of the spirit, he will have no power in the physical to resist operating within that low ebb.

Proverbs 24:10 categorically declared that: **If you faint in the day of adversity, Your strength is small [NKJV].** When you have accumulated power in your inner-man, the best efforts of the enemy to harm you will be like water off a duck's back. I like how Ephesians 3:20 puts it: **Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us. [KJV].**

Please, increase your spiritual capacity. What you will carry in 2021 is a function of your capacity. If the engine inside of you cannot carry the load, God won't waste resources for He declared in Isaiah 44:3 that **I will pour water upon him that is thirsty, and floods upon the dry ground: I will pour my spirit upon thy seed, and my blessing upon thine offspring:**

Beloved, remaining in bondage after embarking on a fast is a matter of choice. This is because fasting is a golden opportunity for you to liberate yourself by growing bigger than that bondage. When you have fattened your spirit, whatever yoke placed on you shall be destroyed. If you remain jobless, unmarried or unfulfilled after this fast, it then becomes your choice not that you've not upgraded your capacity to possess your possession. Please make the right choice now. Shalom!

Joseph Aherowa

Prophecies for the Week

You won't operate in the dark any longer, every darkness in your life shall turn to light today.

Where you are today will be the least position you'll ever be in.

You won't go down in your prime, your noonday will not turn to darkness in Jesus name.

No more nightmares and bad dreams for you in Jesus name.

Evil order in your life is reversed today.

You will surpass the expectations of men, you will accomplish things many believe you can't do in Jesus name.

This is your season of the Supernatural in Jesus name.

Counseling/Prayer Lines

For pastoral counseling and prayers, please call: 07068672655, 08033750542.

ONE-YEAR BIBLE READING PLAN

DATE	BIBLE TEXTS	DATE	BIBLE TEXTS
Jan 24	John 6:25-59 & 1 Kings 10-11	Jan 28	John 8:12-30 & 1 Kings 20-21
Jan 25	John 6:60-71 & 1 Kings 12-14	Jan 29	John 8:31-47 & 1 Kings 22
Jan 26	John 7:1-24 & 1 Kings 15-17	Jan 30	John 8:48-59 & 2 Kings 1-3
Jan 27	John 7:25-8:11 & 1 Kings 18-19		

GOOD REPORT

Eye Irritation Patient Receives Healing

I want to give God the glory for sparing my life and those of my loved ones despite the odds many people suffered in the year 2020. I also want to give God praise for his healing over my life during and after the Recharge Conference. I use to suffer from regular Eye Irritation, but this condition is no more as I was miraculously healed in the course of the encounter. Indeed, what God cannot do doesn't exist at Highland Church.

Omolara Akinola

Tell of the Goodness of the Lord upon your life and situation by sending a mail to testimonies@highlandchurch.com.ng

• For Your Information •



The Supernatural Begins...

We're grateful to God for thus far He has led us in our wait upon Him. We are now in the final days of the solemn assembly and "The Supernatural" is here to help us end our waiting upon the Lord on a high note. This Days of Glory event will ensure that you happen on 2021 after the 21-day fasting and prayers exercise of Highland Church. This takes place during the last five days of our fasting and prayers exercise being January 20 – 24th, 2021. Wednesday - Thursday 5:30pm. Saturday – 10am. Your attendance of this programme will make you truly supernatural as you dominate 2021.

You'll Need Palm Frond for Worship this Hosanna Sunday

This Sunday, being the 21st day of our waiting upon the Lord, we will come before His presence singing, trumpeting and shouting Hosanna. You're therefore enjoined to come along with palm frond with which to praise God on that Hosanna Sunday. This will ignite your global grace and make your fame go all around the world. Hosanna will be the mood in both services of 8am and 10am come January 24, 2021. The Spirit of the Lord is ready to move us in the prophetic this Sunday.

• For Your Information •

HCM Helps your Understanding of the Word

The Highland Cell Meeting (HCM) is an avenue for you to dissect and interrogate teachings delivered during Highland Church services. You get to do this in an interaction moderated by the Holy Spirit, even though in a home setting. Join the centre nearest to you this Saturday to have an awesome time in this 1 hour 15 minutes meeting under the feet of our Master, Jesus. If you're yet to know the exact cell you belong, kindly call the Secretariat on 08187722660 or 08187722661. Remember that by participating in HCM, you become a vital part of the Church and entitled to all spiritual and physical privileges due members of Highland Church.

Highland Church's Firstfruit Sunday will Change your Story

Come February 7th, Highland Church will be having her Firstfruit Service. Everyone is encouraged to be a part of it. Your first profit in a year as a businessman belongs to God. Your first salary belongs to God. This is sanctioned by Proverbs 3:9-10: *Honour the Lord with thy substance, and with the firstfruits of all thine increase: So shall thy barns be filled with plenty, and thy presses shall burst out with new wine.* Offering firstfruits to God as we shall be doing this Sunday attracts plentiful and new breakthroughs. Be willing and obedient in carrying out this instruction and you shall eat the



WIT 3.0 Now in Session, Don't Sleep on this Opportunity

The highly anticipated Workers in Training (WIT) 3.0 programme has commenced. The training holds every Sunday at the Highland Church auditorium by 7am. Interested believers who want to use their time, energy and skillset in serving God can type this link: <https://bit.ly/hlcwit3> on their phone or desktop browser to register for the WIT programme. Members already serving in various departments, but are yet to pass through this Course, must do so now or be stopped from functioning as a worker in Highland Church.



• For Your Information •

good of the land. This won't just be a firstfruits but a sacrifice because we are tying it to the completion of the new site God has given Highland Church. Senior Pastor Joseph Aborowa will be the Priest on the altar blessing all those who shall be participating in this exercise. There is nothing you give that won't come back to you in multiple fold. Be guided by the Word of the Lord in Psalm 126:5-6 that: ***They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him.*** Engage in this covenant practice and watch your finances take an upward swing.

Highland Church Seeks Health Workers, Other Volunteers

Highland Church is calling on members with requisite skills and talents to use same for God by serving in various areas where vacancies currently exist in the Church. Urgently needed volunteers include: medical personnel, IT specialists to beef up the live transmission of church services to the online audience. Also required are persons proficient in the Yoruba language to serve as translators for our Yoruba members and worshippers. Volunteers who are skilled in playing musical instruments like: drums, keyboards and trumpet are needed in the Church just as the Children Church needs more teachers. The Editorial Team also needs those who can assist in the scripting and editing of contents from the various arms and departments of the Church. If you're fit for any of these roles and would want to be a vessel unto honour, kindly contact Pastor Tolu Adeseri or call the Church's Secretariat on: 08187722660.

Believers' Foundation Class

If you are a new worshipper or a fresh convert, Highland Church has created follow-up sessions to help you become a better Christian and get you acquainted with tenets and creed of your new found faith and Church. This happens at the Believers' Foundation Class that holds every Sunday by 7am at the upper room of the main building in the church premises. Kindly click here to register for this mentorship class and we will reach out to you with further information.



How God is Backing Operation Two Abiding Souls

In recent weeks, God has shown His interest in Operation Two Abiding Souls through the expansion of the Church and the scores of new members He keeps adding to His Church every week. With this in mind, join the soul-winning operation of Highland Church so that God can use you to bring about His purpose. Operation Two Abiding Souls requires you to bring at least two souls to church every month and be rewarded with wisdom and other immeasurable blessings from the Lord. Proverbs 11:30 makes it clear that, "he who wins souls is wise".



• For Your Information •

Your Cars are Safe at our Car Park Extension

The leadership of Highland Church does not want members parking their cars along the road aside the frontage of the church building which are already reserved. This is why arrangements have been made for Highlanders to park their cars at the Mainland Secondary School at Onayade Street, Fadeyi, which is just a minute walk from

the Church building when you follow the linking route which the security guards can show you. As a responsible organization, we do not want to inconvenience our neighbours neither do we want a situation where your car or items in your car are burgled. You can also park in the school during our weekly activities in the evenings or Saturdays.

Highland CHURCH

Hosanna Sunday

Come, let's celebrate our victory!!!

JAN. 24TH, 2021 8AM & 10AM

22 OWEH STREET, JIBOWU LAGOS

LIVE ON Mixlr @hlchurchng www.highlandchurch.com.ng

Highland CHURCH

Hour of Grace

THURSDAY - 6PM | with Pastor Joseph Aborowa

22 OWEH STREET, JIBOWU LAGOS

LIVE ON Mixlr @hlchurchng www.highlandchurch.com.ng

No. 22 Oweh Street, Jibowu, Yaba, Lagos State.
www.highlandchurch.com.ng
08187722660, 08038389908

HIGHLAND CHURCH HEADQUARTERS

Highland Church is a global church, meaning that our corporate worship can be enjoyed by even those who are not in Lagos State or Nigeria. You can connect with us from any part of the World by sending a mail to hci@highlandchurch.com.ng. You can also visit our website highlandchurch.com.ng for the live streaming of our services or connect to our social media handles [@hlchurchng](https://www.instagram.com/hlchurchng) across all social media platforms.